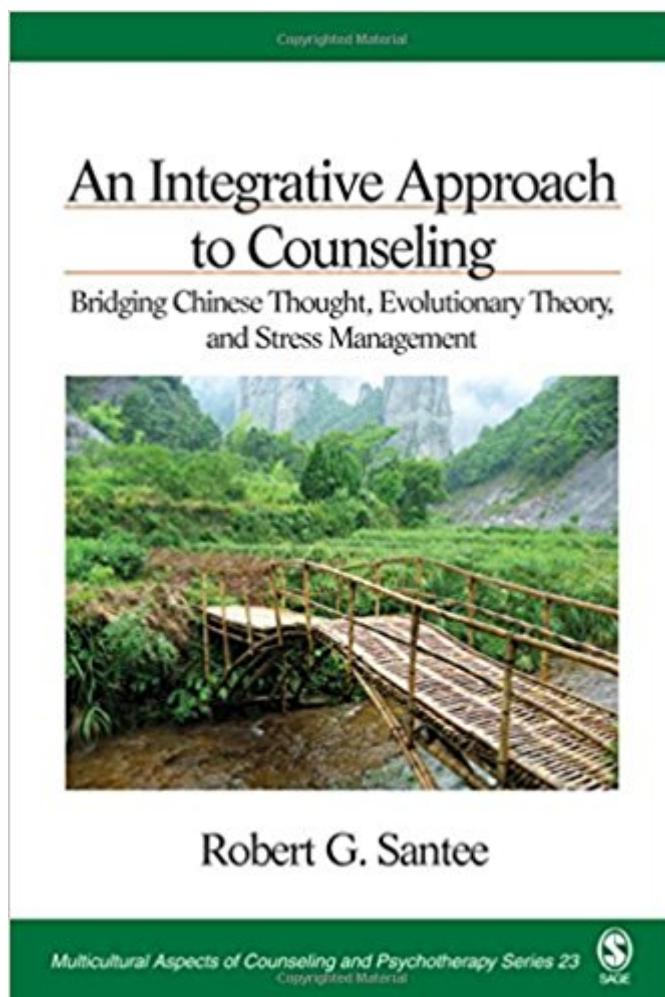


The book was found

An Integrative Approach To Counseling: Bridging Chinese Thought, Evolutionary Theory, And Stress Management (Multicultural Aspects Of Counseling And Psychotherapy)





Synopsis

An Integrative Approach to Counseling: Bridging Chinese Thought, Evolutionary Theory, and Stress Management offers a global and integrative approach to counseling that incorporates multiple concepts and techniques from both eastern and western perspectives. The book identifies commonalities rather than the differences between them. The book also compares and contrasts the underlying cultural assumptions of western counseling with those of the Chinese perspectives of Confucianism, Daoism, and Buddhism, relative to integrating and applying a more global approach to helping individuals functionally adapt to challenges in their environments. The book will be used by faculty and students in those advanced undergraduate and graduate courses in psychology, counseling, or social work that cover such areas as introduction to counseling, counseling skills and techniques, counseling theories, multi-cultural awareness and counseling, and stress management.

Book Information

Series: Multicultural Aspects of Counseling And Psychotherapy (Book 23)

Paperback: 296 pages

Publisher: SAGE Publications, Inc; 1 edition (May 18, 2007)

Language: English

ISBN-10: 141293981X

ISBN-13: 978-1412939812

Product Dimensions: 6 x 0.6 x 8.9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #891,511 in Books (See Top 100 in Books) #121 in Books > Health, Fitness & Dieting > Psychology & Counseling > Evolutionary Psychology #2542 in Books > Medical Books > Psychology > Counseling #2747 in Books > Medical Books > Psychology > Psychotherapy, TA & NLP

Customer Reviews

Robert Santee is a Full Professor of Psychology at Chaminade University of Honolulu, in Hawaii, where he is the Dean of Behavioral Sciences, the Director of the Masters of Science in Counseling Psychology Program, the Coordinator for the undergraduate Psychology program and the University Assessment Facilitator. He has been employed full-time at Chaminade University for 12 years. Dr. Santee has a PhD in Philosophy (general focus in Asian Philosophy, specific focus in Chinese Philosophy and a specialization in Daoism), a PhD in Educational Psychology (focus in assessment

and psychometrics), a Masters in Counseling and Guidance (Community Counseling), a Masters in Philosophy (specialization in Daoism), and a Masters in Educational Foundations (focus on examining teaching methods of Kendo). Dr. Santee is a Nationally Certified Counselor. Dr. Santee has developed and teaches Daoist Psychology, Buddhist Psychology, Psychology of Tâ™ai Chi Châ™uan, Health and Stress Psychology, and Evolutionary Psychology in the undergraduate psychology department. He also has developed and teaches Introduction to Chinese Thought, Taoism (Daoism) and Confucianism for the religion department. At the graduate level, he teaches a class in Health, Stress Management and Counseling and a class in Cross-Cultural Counseling. Tai Ji Quan (Tâ™ai Chi Châ™uan), and Qi Gong (Châ™i Kung) are incorporated in both graduate classes, all three religion classes, and three of the undergraduate classes. His examination of the relationship between Western counseling, Chinese thought, evolutionary theory/psychology, the stress response and stress management has resulted in writing and presenting papers at conferences in Taipei (Taiwan), Tiantai (China), Chengdu (China), and Honolulu, Hawaii. His exploration of the relationship between Western Counseling and Chinese thought has been guided by his training in Chinese martial arts. He is a student, practitioner, and teacher of Tai Ji Quan (Tâ™ai Chi Châ™uan), and Qi Gong (Châ™i Kung). He is also a practitioner and student of Ba Gua Zhang (Pa Kua Chang). Dr. Santee has worked full-time (16 years) as an operating room technician assisting in surgery and full-time (5 years) as a Psychological Examiner administering IQ, Achievement, and Personality tests.

My professor wrote this and we used it for class. He is amazingly knowledgeable in this area. I enjoyed the reading and his classes. I would definitely recommend for anyone interested in learning Eastern thought.

great

Well written and a brilliant unorthodox approach to modern day psychology.

"I imagine future thinkers in whom European-American indefatigability is combined with the hundredfold inherited contemplativeness of the Asians: such a combination will bring the riddle of the world to a solution. In the meantime the reflective free spirits have their mission: they are to remove all barriers that stand in the way of a coalescence of human beings." (Friedrich Nietzsche, 1876 from the book Nietzsche and Asian Thought by Graham Parkes.) It took over 100 years

Friedrich, but the book was worth waiting for! Thank you professor Santee for making the "Bridge" so easy to cross. I felt like I was eavesdropping on a conversation between Eastern and Western thinkers.

[Download to continue reading...](#)

An Integrative Approach to Counseling: Bridging Chinese Thought, Evolutionary Theory, and Stress Management (Multicultural Aspects of Counseling And Psychotherapy) Chinese: Crash Course Chinese - Learn Chinese Fast With a Native Speaker: 500+ Essential Phrases to Build Your Chinese Vocabulary, Chinese, Learn Chinese, Chinese Phrasebook, Mandarin Study Aid The Great Psychotherapy Debate: The Evidence for What Makes Psychotherapy Work (Counseling and Psychotherapy) I Love to Share (English Chinese kids, Chinese children's books): Mandarin kids books, Chinese bilingual books, Chinese baby books (English Chinese Bilingual Collection) (Chinese Edition) Chinese Bilingual Books: I Love to Brush My Teeth (chinese kids books, chinese children's books): English Chinese Children books (Chinese Bilingual Collection) (Chinese Edition) Advanced Practice Nursing - E-Book: An Integrative Approach (Advanced Practice Nursing: An Integrative Approach) Chinese Children's Books: I Love My Dad (English Chinese Bilingual): chinese bilingual children's books (English Chinese Bilingual Collection) (Chinese Edition) Chinese baby book: Where is the Baby: English-Chinese picture book (Simplified Chinese book) (Bilingual Edition) Early Reader Chinese book for ... books for kids) (Volume 7) (Chinese Edition) I Love to Tell the Truth (chinese english bilingual,chinese children stories,mandarin kids books): mandarin childrens books,bilingual chinese (Chinese English Bilingual Collection) (Chinese Edition) I Love to Share (mandarin childrens books, chinese baby books): kids books in chinese, chinese children stories, mandarin kids (Chinese Bedtime Collection) (Chinese Edition) I Love to Tell the Truth (chinese kids books, mandarin childrens books): mandarin kids books, kids books in chinese, chinese children's books (Chinese Bedtime Collection) (Chinese Edition) Welcome to Chinese Food World: Unlock EVERY Secret of Cooking Through 500 AMAZING Chinese Recipes (Chinese Cookbook, Chinese Food Made Easy, Healthy Chinese Recipes) (Unlock Cooking, Cookbook [#13]) Evolutionary Algorithms in Theory and Practice: Evolution Strategies, Evolutionary Programming, Genetic Algorithms Healing the Soul Wound: Counseling with American Indians and Other Native Peoples (Multicultural Foundations of Psychology and Counseling) Developing Your Theoretical Orientation in Counseling and Psychotherapy (3rd Edition) (Merrill Counseling (Paperback)) The Case Approach to Financial Planning: Bridging the Gap between Theory and Practice, 3rd Edition Chinese Cookbook - 25 Delicious Chinese Recipes to Chinese Food Made Easy: Recipes from Chinese Restaurants Integrated Chinese: Level 2 Part 2 Character Workbook (Traditional &

Simplified Chinese Character, 3rd Edition) (Cheng & Tsui Chinese Language Series) (Chinese Edition) Integrative Dermatology (Weil Integrative Medicine Library) Integrative Women's Health (Weil Integrative Medicine Library)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)